

a gratitude SCAVENGER HUNT

FIND SOMETHING OUTSIDE THAT YOU ENJOY LOOKING AT
FIND SOMETHING THAT IS HELPFUL TO KEEP YOU SAFE
FIND SOMETHING THAT IS YOUR FAVORITE COLOR
FIND SOMETHING YOU KNOW (INSERT NAME HERE) ENJOYS
FIND SOMETHING THAT MAKES YOU SMILE
FIND SOMETHING THAT YOU THINK IS REALLY YUMMY
FIND SOMETHING THAT YOU THINK SMELLS AMAZING
FIND SOMETHING THAT HELPS YOU STAY HEALTHY
FIND SOMETHING THAT MAKES A BEAUTIFUL SOUND
FIND A PICTURE OR FACETIME SOMONE WHO MAKES YOU HAPPY
FIND SOMETHING THAT IS UNIQUE TO YOU
FIND SOMETHING THAT MAKES YOU LAUGH
FIND SOMETHING THAT COMFORTS YOU AT BEDTIME
FIND SOMETHING THAT MAKES YOU HAPPY IN THE MORNING
FIND A FRIEND/PET THAT YOU ENJOY SPENDING TIME WITH
FIND YOUR FAVORITE PLACE TO SPEND QUIET, ALONE TIME
FIND SOMETHING THAT REMINDS YOU OF THE PEOPLE YOU LOVE
FIND SOMETHING THAT YOU ENJOY DOING OUTSIDE
FIND A PLACE THAT YOU LOVE
FIND SOMETHING YOU MADE WITH YOUR OWN HANDS
FIND SOMETHING THAT MAKES YOU FEEL STRONG
FIND SOMETHING YOU LOVE TO PLAY WITH